



01 October 2011

### **COMPETITION PROCEDURES**

- 1) Team Leaders must be identified to the organizers prior to the event. This is necessary to ensure the officials know who to direct instructions and questions to during the event.
- 2) All names of relay teams must be handed in to the competitors steward prior to the days racing to ensure that the clubs are complying with the rules regarding competing in more than two grades and also for ease of administration during and after the event.
- 3) Parents and coaches must not be in the heat box area at any time. If skaters require assistance with boots or equipment, this should be done before they enter the heat box, preferably by the team leader
- 4) All skaters should be aware of race procedures and etiquette ie
  - a) A skaters who finishes a race ahead of other competitors must retire immediately to the center of the ice and wait until all competitors have completed the race. No skater should skate an extra lap or cross the finish line again once they have finished the race as the timing equipment may pick up a skater who is not actually competing or they may impede a skater who has yet to finish.
  - b) Skaters should leave the ice promptly at the end of a race to ensure that the next event can start on time.
  - c) Skaters should be familiar with starting procedure and should have practice with a starting gun at club training. Races will not be delayed due to skaters not being accustomed to the sound of the gun.
  - d) All Team Leaders should follow their skaters progression through heats and semi finals to ensure that their skaters are in the correct races.